

SOCIETE DES REGATES DE DOUARNENEZ

COUPE DE BRETAGNE DRAGON

Tuesday August 19 to Thursday August 21, 2025

SAILING INSTRUCTIONS

The Organising Authority (OA) is the Société des Régates de Douarnenez (SRD) and the French Dragon Association (AFD).

[NP] A breach of this rule will not be grounds for a protest by a boat.

1. RULES

- 1.1 The regatta will be governed by the *Rules* listed in the Notice of race. Appendix T, Arbitration, applies
- 1.2 In case of a translation of these Sis, the French text shall prevail;
- 1.3 In the event of conflict between the No R and the SIs, the SIs shall prevail.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board before 10:00 on the day it will take effect except that any change to the schedule of races will be posted before 20:00 on the day before it will take effect.

3. COMMUNICATION WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official board located under the in the Maison du Nautisme, and online at srdouarnenez.com/coupe-de-bretagne-dragon.
- 3.2 On the water, the RC will use VHF channel 72 to inform competitors and support personnel of their intentions.
- 3.3 [DP][NP] Except in an emergency, a boat shall not transmit or receive oral data not available to all the boats. This applies also to mobile phones and GPS watches.

4. CODE OF CONDUCT [DP][NP]

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 Competitors and support persons shall place the advertising provided by the organising authority with care, in a good manner, in accordance with the instructions for use and without interfering with its operation.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpole in the Maison du Nautisme.
- 5.2 Flags “AP over H” displayed with two sound signals mean: races not started are postponed. Competitors shall stay ashore. The Warning signal will not be made less than 45 minutes after lowering AP over H flags. This changes RRS “Race Signals”.
- 5.3 Flag “AP” displayed alone with two sound signals means: races not started are postponed. The Warning signal will not be made less than 45 minutes after lowering AP flag. This changes RRS “Race Signals”.

6. SCHEDULE OF RACES

- 6.1 Dates of racing: (craning upon appointment, see NoR 7.2).

DATE	TIME	
Tuesday August 19	14:00	Races
Wednesday August 20	13:00	Races
Thursday August 21	13:00	Races

6.2 On Thursday August 21, no starting sequence will be started after 15:30.

7. **CLASS FLAG**

Dragon Class Flag.

8. **RACING AREA**

Races will be held in Douarnenez Bay. See NoR Attachment 1.

9. **THE COURSE**

9.1 The diagram in Attachment A shows the course configuration.

9.2 No later than the warning signal, the RC boat will display the compass bearing and the approximate distance to mark 1 from the middle of the starting line.

9.3 If one of the gate marks is missing, the remaining mark shall be left to port.

10. **MARKS**

10.1 Marks 1, 2, 3P & 3S will be yellow cylindrical buoys.

10.2 The change of course mark will be a white buoy.

10.3 The starting marks will be a staff on two RC boats flying orange flags.

10.4 The finish mark will be a red buoy.

10.5 A change of course RC boat ranks as a mark as provided in SI 12.2.

11. **THE START**

11.1 The start will be between two staffs displaying orange flags (see SI 10.3).

11.2 To alert boats that a race is about to start, an orange flag will be displayed with one signal sound at least 5 minutes before the warning signal.

11.3 [NP] Boats recorded OCS or UFD or BFD may be notified by VHF not less than one minute after the start. Failure to be notified or to hear the notification shall not be grounds for redress. Modif. RCV 61.4(b)(1).

11.4 A boat that does not start within 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2.

11.5 All the race committee vessels may keep their position by using their engine. [NP].

12. **CHANGE OF THE NEXT LEG OF THE COURSE**

12.1 To change the next leg of the course at the gate 3S – 3P, the race committee will lay a new mark 1. Mark 2 will be removed as soon as practicable and ranks as an obstruction if it is still in position.

In case of a change of course at mark 2, only mark 3P will be moved and shall be rounded to port.

Original marks will be used for subsequent changes of course.

12.2 Except at a gate, boats shall sail between the RC boat signalling the change of course to be left to starboard. Change RRS 28.1.

13. THE FINISH

The finishing line will be defined by the staff displaying a blue flag on a RC vessel on the starboard side and the course side of the red finishing mark.

14. PENALTY SYSTEM

14.1 RRS 44.1 applies.

14.2 Insert after the first sentence of RRS 44.2: However, a boat may delay her penalty for an incident in the zone around mark 1 or on the leg between marks 1 and 2 until she has passed mark 2 and before bearing away towards the gate 3S-3P.

15. TIME LIMITS

15.1 The overall time limit is 90 minutes.

16.2 Boats failing to finish within 20 minutes after the first boat having sailed the course and finished will be scored “DNF” without a hearing. Change RRS 35, A4 and A5.

15.3 If no boat has passed Mark 1 within 45 minutes after her starting signal, the race shall be abandoned.

16. HEARING REQUESTS

16.1 The protest time limit (PTL) is 60 minutes after the last boat has finished the last race of the day or after the RC abandoned a race with no further start. This time will be posted on the official notice board. The same protest time applies to all protests by a committee, and to requests for redress.

16.2 Hearing request forms are available from the jury office at the Maison du Nautisme and shall be ledged before PTL.

16.3 Notices will be posted within 15 minutes of the PTL to inform competitors of hearings in which they are parties or named as witnesses.
Hearings will be held in the PC room, located in the Maison du Nautisme ground floor. A delay in the hearings schedule is not grounds for redress. Change RRS 61.4(b)(1).

16.4 Hearings and/or arbitrations may be conducted before the end of PTL if all the parties agree.

17. SAFETY REGULATIONS [NP] [NP]

Before the starting procedure in the first race of the day, boats shall, while sailing on starboard tack, pass behind the principal RC boat and make sure they have been acknowledged.

Boats failing to report will be penalised, without a hearing, by 10% of the registered boats to all the day's races.

A boat that retires or intends not to start from a race shall notify the race committee as soon as possible.

18. SCORING

18.1 Three valid races are required to be completed to constitute a series.

18.2 (a) When fewer than four races have been completed, a boat's series score will be the total of her race scores.

(b) When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19. REPLACEMENT OF EQUIPMENT OR CREW [DP] [NP]

19.1 Substitution of competitors will not be allowed without prior written approval of the RC. These requests shall be made in writing.

19.2 Substitution of equipment will not be allowed without prior written approval of the Technical Committee. These requests shall be made in writing.

20. EQUIPMENT AND MEASUREMENT CHECKS [DP]

- 20.1** A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.
- 20.2** On the water, a boat can be instructed by a technical committee measurer to proceed immediately to a designated area for inspection.
- 20.3** No protest on measurement issues shall be lodged after PTL on the first racing day.

21. OFFICIAL VESSELS [NP]

The Race Committee boats will display SRD flags.

Jury boats will display a "JURY" flag.

The Technical Committee will display a "JAUGE" flag.

22. SUPPORT BOATS [DP]

- 22.1** Support boats shall register (NoR 12).
- 22.2** All registered support persons shall have and use, when afloat, a VHF radio able to transmit and receive, and accept to assist the RC on request according to RRS 37.
- 22.3** Support boats shall be identified with the flag provided by the OA.
- 22.4** Except when they are on rescue, support persons shall stay 100 meters outside the race area. During the starting procedures, they shall stay 100 meters leeward of the starting line.
- 22.5** To identify the race area, any part of the course bounded by the course marks, start and finish lines, and relative laylines between the marks extended for 100 meters from these points is used.
- 22.6** Except on request by the RC, support boats shall not tow the competitors on their way to the racecourse nor on the way back before the last boat has finishes the last race of the day
- 22.7** Support boats shall have on board:
- Life jackets (mini 50N) always worn by all persons on board;
 - VHF radio;
 - A knife;
 - An anchor and a suitable mooring line;
 - A floating towing line 10mm in diameter and 15m long;
 - A kill cord which shall be connected to the pilot while the engine is running.

Support boats shall comply with local sailing regulations.

23. TRASH DISPOSAL

Trash may be disposed of in support boats.

OFFICIALS

Principal Race Officer:	Didier COZIC
Race Officer	Anne CARRIOU
Race Officer	Françoise DREVILLON
Race Officer	Jean-Pierre BOURGNEUF
Protest Committee Chair	Yves LEGLISE
Judge	Sébastien MENEC
Judge	Cécile TYMEN-LE FLOC'H
Results	Marin PAOLI

ATTACHMENT A – THE COURSE

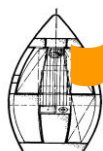
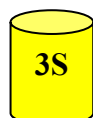
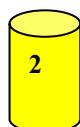
Start – 1 – 2 – 3S/3P – 1 – 2 – 3S/3P – 1 – 2 – 3S/3P – Finish (**3 laps**)
(**Numeral Pennant 3**)



Start – 1 – 2 – 3S/3P – 1 – 2 – 3S/3P – Finish (**2 laps**)
(**Numeral Pennant 2**)



Start – 1 – 2 – 3S/3P – Finish (**1 lap**)
(**Numeral Pennant 1**)



Start



Finish

RC vessel

